



# MY PERSONAL VALUES

A pyramid-shaped arrangement of six rounded rectangular boxes with a folded corner, intended for writing personal values. The top row has one box, the middle row has two boxes, and the bottom row has three boxes.

## PERSONAL VALUES STATEMENT

When writing your Personal Values Statement, use phraseology & connecting phrases like: I Act... While... I Value... I Believe... and I Will Fulfill Myself By...

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### EXAMPLE STATEMENT

I value **personal freedom**, which allows me to lead an **active & healthy** life full of **adventure**. I will build **authentic & loving** relationships with my friends & **family**. I will fulfill myself through **curiosity, personal growth, & lifelong learning**.